

**Managing Committee Meetings / Monthly Talks / AGM / Lecture Series Held
from 8th October 2009 till 13th August 2015**

| Day & Date | Occasion | Speaker | Topic | Venue |
|--------------------------------|---------------------|----------------------------------|--|---------------|
| Thursday 8th October 2009 | MCM & MT | Dr. Justice Radhakrishnan | Environment | Samrat Rest. |
| Thursday 10th December 2009 | MCM & MT | Smt. R. Radhakrishnan | Simple Tips for Stress Free Life | Samrat Rest. |
| Thursday 11th February 2010 | MCM & MT | Mr. Mudrak H. Lalaji | Eye Donation - Create Awareness | Samrat Rest. |
| Thursday 8th April 2010 | MCM & MT | Mr. Mehernosh Chhapkhanawalla | Optimal Health | Samrat Rest. |
| Thursday 10th June 2010 | MCM & MT | Dr. Suresh Purohit | New Trends & Technologies in the Management of Diabetes | Samrat Rest. |
| Saturday 31st July 2010 | MCM | — | — | Tea Centre |
| Thursday 12th August 2010 | AGM, MCM & MT | Dr. Niranjan Patel | Wellness Management through Ayurveda & Panchakarma | Samrat Rest |
| Tuesday 5th Oct. 2010 | LS | Sadhu Gnanvatsaldasji | "What is my Prized Possessions?" | K. C. College |
| | LS | Dr. Kalyan Gangwal | "Vyasana Mukti" | K. C. College |
| Wednesday 6th Oct. 2010 | LS | Prof. Prema Pandurang | "Giving is Living" | K. C. College |
| Thursday 7th Oct. 2010 | LS | Res. B. K. Ushaben | "Stress Management" | K. C. College |
| Thursday 9th Dec. 2010 | MCM & MT | Dr. Manu Kothari | પાંદડું લીલું જોયું અને પ્રભુ યાદ આપ્યા | Samrat Rest. |
| Thursday 10th February 2011 | MCM & MT | Ms. Sandra Melawani | TOFU - The New Paneer | Samrat Rest. |
| Thursday 7th April 2011 | MCM & MT | Dr. Hemant B. Wagh | Acupressure & Naturopathy | Samrat Rest. |
| Thursday 9th June 2011 | MCM & MT | Ms. Varsha Thaker | Spiritual Dimension & How it affects our lives | Samrat Rest. |

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| Thursday 11th August 2011 | MCM & MT | Mrs. Nayanaben Bhuptany | Reiki and Mind Power | Samrat Rest. |
| Monday 19th September 2011 | LS | Res. B.K. Kamleshji | Anger Management | K. C. College |
| Tuesday 20th September 2011 | LS | Swami Neelkanth Sevaswami | Satisfaction in Life | K.C. College |
| Thursday 13th October 2011 | AGM, MCM & MT | Ms. Hemangini Jai | Vegetarian Culture | Samrat Rest. |
| Thursday 8th December 2011 | MCM & MT | Mr. Harshad Parekh | Ayurveda | Samrat Rest. |
| Thursday 13th January 2012 | Lecture | Puj. Chitrabhanuji | 5 Steps to Healthy Living | Godrej - TCS |
| Thursday 9th February 2012 | MCM & MT | Mr. K.D. Patel | The Art of Rhythmic Breathing | Samrat Rest. |
| Thursday 12th April 2012 | MCM & MT | Mr. M. S. R. Ayyangar | Vedaceuticals | Samrat Rest. |
| Thursday 14th June 2012 | MCM & MT | Dr. Gaurang Shah | Recent Development in Treating Prostate Problems & Kidney Disorders | Samrat Rest. |
| Monday 9th July 2012 | MCM | — | — | Samrat Rest. |
| Thursday 2nd August 2012 | AGM, MCM & MT | Ms. Monika Siriya | Getting Rid of Life Style Diseases through Nutrition not Medicines | Samrat Rest. |
| Monday 15th October 2012 | LS | Res. Gaurang Das Prabhu | Art of Happiness - The Vegetarian Way | K. C. College |
| Tuesday 16th October 2012 | LS | Swamy Swatmanandji | Strengthen your strength, Weaken your weakness | K. C. College |
| Thursday 13th December 2012 | MCM & MT | Mr. Mehernosh Chhapkhanawalla | The Power of Prayer | Samrat Rest. |
| Thursday 7th February 2013 | MCM & MT | Puj. Chitrabhanuji | How to Manage One's Life in the Present Situation | Samrat Rest. |

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| Thursday 14th March 2013 | MCM | — | — | Samrat Rest. |
| Thursday 4th April 2013 | MCM & MT | Dastur Dr. Peshotan Dastur Hormazdyar Mirza | Religion of The Parsis : Zoroastrianism - A Brief Account | Samrat Rest. |
| Thursday 13th June 2013 | MCM & MT | Dr. Dipti A. Kumbhar | Ayurveda & Body Constitution | Samrat Rest. |
| Thursday 8th August 2013 | MCM & MT | Dr. Zarin Bharucha | Safe Donor Safe Blood | Samrat Rest. |
| Thursday 3rd October 2013 | AGM, MCM & LS | Res. Swami Tejomayanandji Res. Gaurang Das Prabhuji | Spiritual Significance of Vegetarianism Curing the Cancer of Mind | K. C. College K. C. College |
| Friday 4th October 2013 | LS | H.H. Sri Radhanath Swamiji | Honouring the Sacredness of Life | K. C. College |
| Thursday 12th December 2013 | MCM & MT | Dr. Rajendra Agarkar | Management of Stress Related Diseases | Samrat Rest. |
| Thursday 13th February 2014 | MCM & MT | Puj. Chitrabhanuji | Do we know who we are? | Samrat Rest. |
| Thursday 10th April 2014 | MCM & MT | Ms. Jayalakshmi Krishnan | Cancer Awareness | Samrat Rest. |
| Thursday 12th June 2014 | MCM & MT | Mr. Mehernosh Chhapkhanawalla | The Power of Prayer | Samrat Rest. |
| Monday 21st July 2014 | MCM | — | — | Samrat Rest. |
| Thursday 14th August 2014 | AGM, MCM & MT | Mr. Chaitanya Shah | Physical Fitness for Healthy & Independent Living | Samrat Rest. |
| Tuesday 16th Sept. 2014 | LS | Res. Gauranga Das Prabhuji of ISKCON | Art of Happiness | K. C. College |
| Wednesday 17th Sept. 2014 | LS | Res. B. K. Usha Didi of Brahmakumaris-Mt. Abu | Knowing & Mana- ging Ego Problems | K. C. College |
| Thursday 9th Oct. 2014 | MCM & MT | Dr. Rajendra Agarwal | After Cancer - Natural Therapies for a Better Life | Samrat Rest. |

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| Thursday 11th Dec. 2014 | MCM & MT | Dr. Nirmala Shetty | Natural Care for Skin & Hair | Samrat Rest. |
| Thursday 12th Feb. 2015 | MCM & MT | Mr. Mukesh Pandya | Science of our Culture & Festivals | Samrat Rest. |
| Tuesday 17th March 2015 | MCM | — — — | Condolence Meeting for Mr. A. P. Dalal | Samrat Rest. |
| Thursday 9th Apr. 2015 | MCM & MT | Mr. Shailesh Sheth | डर्माथी लय प्ररिप्त | Samrat Rest. |
| Thursday 11th June 2015 | MCM & MT | Dr. Rahul R. Ghadge | Synopsis of Psychiatric Disorders | Samrat Rest. |
| Thursday 13th Aug. 2015 | MCM & MT | Mr. Jatin K. Sheth | Success Through Emotional Intelligence | Samrat Rest. |